

2019 INNER CITY ZONE CHAMPIONSHIPS Track & Field Program - SUNDAY

TRACK EVENT				TRACK EVENT			
H / F	TIME	H / F	TIME				
#121	Girls U 13 - 80 Metre Hurdles (76cm)	Heats	8:30 AM	#183	Girls U 10 - 70 Metre Sprint	Final	2:20pm
#122	Boys U 13 - 80 Metre Hurdles (76cm)	Heats	8:35 AM	#184	Boys U 10 - 70 Metre Sprint	Final	2:22pm
#123	Girls U 14 - 80 Metre Hurdles (76cm)	Heats	8:40 AM	#185	Girls U 9 - 70 Metre Sprint	Final	2:24pm
#124	Boys U 14 - 90 Metre Hurdles (76cm)	Heats	8:45 AM	#186	Boys U 9 - 70 Metre Sprint	Final	2:26pm
#125	Girls U 15 - 90 Metre Hurdles (76cm)	Heats	8:50 AM	#187	Girls U 8 - 70 Metre Sprint	Final	2:28pm
#126	Boys U 15 - 100 Metre Hurdles (76cm)	Heats	8:55 AM	#188	Boys U 8 - 70 Metre Sprint	Final	2:30pm
#127	Girls U 17 - 100 Metre Hurdles (76cm)	Heats	9:00 AM	#189	Girls U 7 - 70 Metre Sprint	Final	2:32pm
#128	Boys U 17 - 110 Metre Hurdles (76cm)	Heats	9:05AM	#190	Boys U 7 - 70 Metre Sprint	Final	2:34pm
#131	Girls U 11 - 1100 Metre Walk	Final	9:15 AM	#191	Girls U 11 - 800 Metre Run	Final	2:40pm
#132	Boys U 11 - 1100 Metre Walk	Final	9:15 AM	#192	Boys U 11 - 800 Metre Run	Final	2:44pm
#133	Girls U 10 - 1100 Metre Walk	Final	9:30 AM	#193	Girls U 12 - 800 Metre Run	Final	2:48pm
#134	Boys U 10 - 1100 Metre Walk	Final	9:30 AM	#194	Boys U 12 - 800 Metre Run	Final	2:52pm
#139	Girls U 13 - 1500 Metre Walk	Final	9:45 AM	#195	Girls U 13 - 800 Metre Run	Final	2:56pm
#140	Boys U 13 - 1500 Metre Walk	Final	9:45AM	#196	Boys U 13 - 800 Metre Run	Final	3:00pm
#141	Girls U 14 - 1500 Metre Walk	Final	9:45AM	#197	Girls U 14 - 800 Metre Run	Final	3:04pm
#142	Boys U 14 - 1500 Metre Walk	Final	9:45AM	#198	Boys U 14 - 800 Metre Run	Final	3:08pm
#143	Girls U 15 - 1500 Metre Walk	Final	9:45AM	#199	Girls U 15 - 800 Metre Run	Final	3:12pm
#144	Boys U 15 - 1500 Metre Walk	Final	9:45AM	#200	Boys U 15 - 800 Metre Run	Final	3:16pm
#145	Girls U 17 - 1500 Metre Walk	Final	9:45AM	#201	Girls U 17 - 800 Metre Run	Final	3:20pm
#146	Boys U 17 - 1500 Metre Walk	Final	9:45AM	#202	Boys U 17 - 800 Metre Run	Final	3:24pm
#129	Girls U 12 - 1500 Metre Walk	Final	10:00 AM	#203	Girls U 10 - 800 Metre Run	Final	3:28pm
#130	Boys U 12 - 1500 Metre Walk	Final	10:00 AM	#204	Boys U 10 - 800 Metre Run	Final	3:32pm
#135	Girls U 9 - 700 Metre Walk	Final	10:15 AM	#205	Girls U 9 - 800 Metre Run	Final	3:36pm
#136	Boys U 9 - 700 Metre Walk	Final	10:15 AM	#206	Boys U 9 - 800 Metre Run	Final	3:40pm
#137	Girls U 8 - 700 Metre Run Pack Start	Final	10:25 AM	#207	Girls U 8 - 200 Metre Sprint	Final	3:50pm
#138	Boys U 8 - 700 Metre Run Pack Start	Final	10:30 AM	#208	Boys U 8 - 200 Metre Sprint	Final	3:52pm
#147	Girls U 13 - 80 Metre Hurdles (76cm)	Final	10:40 AM	#209	Girls U 7 - 200 Metre Sprint	Final	3:54pm
#148	Boys U 13 - 80 Metre Hurdles (76cm)	Final	10:43AM	#210	Boys U 7 - 200 Metre Sprint	Final	3:56pm
#149	Girls U 14 - 80 Metre Hurdles (76cm)	Final	10:46AM	#211	Girls U 11 - 200 Metre Sprint	Final	3:58pm
#150	Boys U 14 - 90 Metre Hurdles (76cm)	Final	10:50AM	#212	Boys U 11 - 200 Metre Sprint	Final	4:00pm
#151	Girls U 15 - 90 Metre Hurdles (76cm)	Final	10:53AM	#213	Girls U 12 - 200 Metre Sprint	Final	4:02pm
#152	Boys U 15 - 100 Metre Hurdles (76cm)	Final	11:00AM	#214	Boys U 12 - 200 Metre Sprint	Final	4:04pm
#153	Girls U 17 - 100 Metre Hurdles (76cm)	Final	11:03AM	#215	Girls U 13 - 200 Metre Sprint	Final	4:07pm
#154	Boys U 17 - 110 Metre Hurdles (76cm)	Final	11:10AM	#216	Boys U 13 - 200 Metre Sprint	Final	4:10pm
MARCH PAST				#217	Girls U 14 - 200 Metre Sprint	Final	4:13pm
#155	Girls U 10 - 70 Metre Sprint	Heats	11:30am	#218	Boys U 14 - 200 Metre Sprint	Final	4:16pm
#156	Boys U 10 - 70 Metre Sprint	Heats	11:37am	#219	Girls U 15 - 200 Metre Sprint	Final	4:19pm
#157	Girls U 9 - 70 Metre Sprint	Heats	11:44am	#220	Boys U 15 - 200 Metre Sprint	Final	4:22pm
#158	Boys U 9 - 70 Metre Sprint	Heats	11:51am	#221	Girls U 17 - 200 Metre Sprint	Final	4:25pm
#159	Girls U 8 - 70 Metre Sprint	Heats	11:58am	#222	Boys U 17 - 200 Metre Sprint	Final	4:28pm
#160	Boys U 8 - 70 Metre Sprint	Heats	12:05pm	#223	Girls U 10 - 200 Metre Sprint	Final	4:30pm
#161	Girls U 7 - 70 Metre Sprint	Heats	12:12pm	#224	Boys U 10 - 200 Metre Sprint	Final	4:32pm
#162	Boys U 7 - 70 Metre Sprint	Heats	12:19pm	#225	Girls U 9 - 200 Metre Sprint	Final	4:34pm
#163	Girls U 11 - 200 Metre Sprint	Heats	12:30pm	#226	Boys U 9 - 200 Metre Sprint	Final	4:37pm
#164	Boys U 11 - 200 Metre Sprint	Heats	12:36pm	#227	Girls U 12-17 4x100 Metre Relay (Snr)	Final	4:50pm
#165	Girls U 12 - 200 Metre Sprint	Heats	12:42pm	#228	Boys U 12-17 4x100 Metre Relay (Snr)	Final	4:53pm
#166	Boys U 12 - 200 Metre Sprint	Heats	12:48pm	#229	Girls U 9-12 4x100 Metre Relay (Jnr)	Final	4:57pm
#167	Girls U 13 - 200 Metre Sprint	Heats	12:54pm	#230	Boys U 9-12 4x100 Metre Relay (Jnr)	Final	5:00pm
#168	Boys U 13 - 200 Metre Sprint	Heats	1:00pm				
#169	Girls U 10 - 200 Metre Sprint	Heats	1:06pm				
#170	Boys U 10 - 200 Metre Sprint	Heats	1:12pm				
#171	Girls U 9 - 200 Metre Sprint	Heats	1:18pm				
#172	Boys U 9 - 200 Metre Sprint	Heats	1:24pm				
#173	Girls U 8 - 200 Metre Sprint	Heats	1:30pm				
#174	Boys U 8 - 200 Metre Sprint	Heats	1:36pm				
#175	Girls U 7 - 200 Metre Sprint	Heats	1:42pm				
#176	Boys U 7 - 200 Metre Sprint	Heats	1:48pm				
#177	Girls U 14 - 200 Metre Sprint	Heats	1:54pm				
#178	Boys U 14 - 200 Metre Sprint	Heats	2:00pm				
#179	Girls U 15 - 200 Metre Sprint	Heats	2:05pm				
#180	Boys U 15 - 200 Metre Sprint	Heats	2:08pm				
#181	Girls U 17 - 200 Metre Sprint	Heats	2:11pm				
#182	Boys U 17 - 200 Metre Sprint	Heats	2:15pm				

Times are a guide and no events will commence before the nominated time. All attempts will be made to start on time