2019 INNER CITY ZONE CHAMPIONSHIPS Track & Field Program

SATURDAY 7 December

Event	Age	Gender	Time	Event No.	Area
High Jump	9	M	8:30 AM	1	2
High Jump	12	M	8:30 AM	2	1
Long Jump	13	F	8:30 AM	3	1
Long Jump	15	M	9:45 AM	4	1
Triple Jump	13	M	8:30 AM	5	
Discus	12	F	10:30AM	6	1
Discus	14	M	8:30 AM	7	1
Shot Put	11	F	8:30 AM	8	1 or 2
Shot Put	17	M	8:30 AM	9	1 or 2
High Jump	9	F	9:45 AM	10	2
High Jump	**15**	**F**	**9:45 AM**	11	**1**
Long Jump	10	M	8:30 AM	12	3
Long Jump	17	M	9:45 AM	13	1
Triple Jump	14	M	10:00 AM	14	
Discus	10	F	8:30 AM	15	2
Discus	17	F	9:30AM	16	1
Shot Put	11	M	9:30 AM	17	1 or 2
Shot Put	**14**	**F**	**12:00 PM**	**18**	**1 or 2**
High Jump	11	F	11:00 AM	19	2
High Jump	13	F	11:00 AM	20	1
Long Jump	12	F	10:00 AM	21	3
Long Jump	12	M	11:00 AM	22	1
Triple Jump	17	F	11:00 AM	23	
Discus	8	F	11:00 AM	24	2
Discus	7	F	9:45 AM	25	2
Shot Put	8	M	10:00 AM	26	1 or 2
Shot Put	9	M	11:00 AM	27	1 or 2
Javelin	13	M	10:30 AM	28	
High Jump	14	M	12:15 PM	29	2
High Jump	17	M	12:15 PM	30	1
Long Jump	8	F	11:30 AM	31	3
Long Jump	10	F	12:30 PM	32	1
Triple Jump	15	F	11:00 AM	33	
Discus	10	M	11:45 AM	34	1
Shot Put	7	M	11:30 AM	35	1 or 2
Shot Put	9	F	12:30 PM	36	1 or 2
Javelin	14	F	11:45 AM	37	
Long Jump	8	M	1:00 PM	38	3
Long Jump	14	F	2:00 PM	39	1
Triple Jump	11	M	12:15 PM	40	
Discus	12	M	1:00 PM	41	1
Shot Put	13	F	1:00 PM	42	1 or 2
Shot Put	15	M	1:45 PM	43	1 or 2
Javelin	12	F	1:00 PM	44	
Triple Jump	11	F	1:45 PM	45	
Discus	15	F	9:30 AM	46	1
Javelin	**17**	**F**	**2:30 PM**	**47**	
Discus	13	M	2:15 PM	48	1
Javelin	**15**	**M**	**2:30 PM**	**49**	
Javelin	11	F	3:45 PM	50	

SUNDAY 8 December

Event	Age	Gender	Time	Event No.	Area
High Jump	11	M	8:30 AM	51	2
High Jump	12	F	8:30 AM	52	1
Long Jump	9	M	8:30 AM	53	3
Long Jump	17	F	8:30 AM	54	1
Triple Jump	14	F	8:30 AM	55	
Discus	13	F	8:30 AM	56	1
Discus	15	M	9:30 AM	57	1
Shot Put	10	F	8:30 AM	58	1 or 2
Shot Put	14	M	8:30 AM	59	1 or 2
High Jump	10	M	9:45 AM	60	2
High Jump	13	M	9:45 AM	61	1
Long Jump	9	F	10:00 AM	62	3
Long Jump	15	F	8:30 AM	63	1
Triple Jump	15	M	9:45 AM	64	
Discus	17	M	9:30 AM	65	1
Discus	11	F	10:30 AM	66	1
Shot Put	12	M	9:30 AM	67	1 or 2
Shot Put	17	F	9:45 AM	68	1 or 2
High Jump	14	F	11:00 AM	69	2
High Jump	10	F	11:00 AM	70	1
Long Jump	11	M	10:00 AM	71	1
Long Jump	14	M	11:30 AM	72	1
Triple Jump	17	M	9:45 AM	73	
Discus	8	M	8:30 AM	74	2
Discus	7	M	10:00 AM	75	2
Shot Put	8	F	10:45 AM	76	1 or 2
Shot Put	12	F	10:45 AM	77	1 or 2
Javelin	13	F	10:30 AM	78	
High Jump	15	M	12:00 PM	79	1or2
High Jump	**17**	**F**	**9:45 AM**	80	**1**
Long Jump	11	F	11:30 AM	81	3
Long Jump	13	M	12:30 PM	82	1
Triple Jump	12	F	11:00 AM	83	
Discus	9	M	11:30 AM	84	2
Shot Put	7	F	12:00 PM	85	1 or 2
Shot Put	**15**	**F**	**12:00 PM**	**86**	**1 or 2**
Javelin	12	M	11:45 AM	87	
Long Jump	7	F	1:00 PM	88	3
Long Jump	7	M	1:45 PM	89	1
Triple Jump	13	F	12:15 PM	90	
Discus	9	F	1:00 PM	91	2
Shot Put	10	M	1:00 PM	92	1 or 2
Shot Put	13	M	1:30 PM	93	1 or 2
Javelin	14	M	1:30 PM	94	
Triple Jump	12	M	1:30 PM	95	
Discus	11	M	12:00 PM	96	1
Javelin	**17**	**M**	**2:30 PM**	**97**	
Discus	14	F	1:30 PM	98	1
Javelin	**15**	**F**	**2:30 PM**	**99**	
Javelin	11	M	3:30 PM	100	